

Important phone numbers/addresses

Tiger Cruise Travel Phone: (619) 258-1242
Patti Cipro Fax: (619) 562-6649
Email: Tigercruise@cox.net

USS JOHN C. STENNIS Tiger Cruise Coordinator
LCDR Roy Nafarrete (Training Officer)
Box #3, FPO AP 96615-2874 Phone: (619) 545-3382
Email: training@stennis.navy.mil Fax: (619) 545-3847

Command's Tiger Cruise Ombudsman
Mrs. Nancy Kraemer
Ombudsman USS JOHN C. STENNIS (CVN 74)
Stennisombudsman@aol.com
Phone Number: 846-9076

Command Ombudsmen
Mrs. Beth Wiruth
Ombudsman USS JOHN C. STENNIS (CVN 74)
Beth.wiruth@shearerconsulting.com
Phone Number: 846-9687

Mrs. Jennifer McVeay
Ombudsman USS JOHN C STENNIS (CVN 74)
Jennymac18@cox.net

San Diego BeachDet Tiger Coordinator
YNC Emerson
Email: emersons@stennis.navy.mil Phone: (619) 846-1812

COMNAVBASE Pearl Harbor, HI Phone: (808) 474-8039
Hours: Mon-Fri 7:30 am - 4:30 pm

Other resources:

For the latest Tiger information and forms, please check the USS JOHN C. STENNIS Web site located at <http://www.cvn74.navy.mil/>.

USS JOHN C. STENNIS (CVN-74) MEDICAL CRITERIA FOR PROSPECTIVE TIGERS

1. Individuals with the following medical or physical conditions **are excluded** from participating in a Tiger Cruise:

- a. Major surgery within six months of embarkation.
 - b. Myocardial infarction or other severe cardiovascular disease within six months of embarkation.
 - c. Bone fracture or other disability requiring a cast or use of crutches or a cane within four months of embarkation.
 - d. History of severe motion sickness/claustrophobia.
2. Individuals with any of the following conditions must have a personal physician provide a written description of the condition. This information must be sent to the ship's Senior Medical Officer (SMO), or dental officer if applicable, prior to confirming the Tiger's participation in the cruise. The ship's SMO is the final medical approving authority for participation in a Tiger Cruise for individuals exhibiting the following conditions:
- a. Angina pectoris
 - b. Insulin-dependent diabetes
 - c. Severe visual impairment
 - d. Hemophilia or HIV-positive
 - e. Dependent on anti-coagulant medications
 - f. Severe emphysema, asthma or reactive airway disease requiring regular medication
 - g. Chronic lung disease
 - h. Epilepsy requiring current medication
 - i. Active communicable diseases, such as tuberculosis and hepatitis
 - j. Any prosthetic surgery or illness/disability, such as severe arthritis, that would limit moderate physical activity.
3. Tigers should be advised of the limited medical treatment facilities aboard and that medical evacuation opportunities may not exist. Tigers are responsible for bringing any medication they require, such as insulin, aboard ship with them. Tigers, who have a chronic disease or who are under treatment by a physician, should carry a copy of that portion of their medical record appropriate to the condition with them on the Tiger Cruise.

FREQUENTLY ASKED QUESTIONS (FAQs) - updated 31 Aug 2004

Q. What is a Tiger?

A. A "Tiger" is any relative or friend of a crewmember or embarked personnel joining us for the transit to San Diego.

Q. When is the Tiger Cruise?

A. Tiger Cruise is currently scheduled during **October 2004** between Pearl Harbor, Hawaii and San Diego. **We do not know the exact dates of the Tiger Cruise as of 31Aug 2004. As soon as the crew finds out, we will post the dates on the website.** Although subject to change, every effort will be made to contact you in sufficient time to begin your preparations to join us.

Q. Who can participate in Tiger Cruise?

A. Relatives and friends of crewmembers or embarked personnel are eligible. Spouses, girlfriends and/or boyfriends are not eligible. Immediate family members (parents, siblings, children) will have priority over "other" relatives or friends.

Q. Are there any age restrictions?

A. Tigers must be a minimum of 8 years old on the day of embarkation. Proof of age (i.e. copy of birth certificate, ID or page 2) is required for children under 13 years of age. No upper age limit applies if the Tiger meets 1) the medical restrictions AND 2) can negotiate ladders and participate fully in Tiger activities.

Q. What medical restrictions apply to Tigers?

A. Family members and friends with the following medical conditions are excluded from Tiger Cruise participation:

- Major surgery within the past 6 months.
- Myocardial infarction or other severe cardiovascular disease.
- Bone fracture or other disability requiring cast, cane or crutches during embarkation.
- Embarkation of Pregnant Females is prohibited.
- History of severe motion sickness or claustrophobia.

Note: Individuals with the following conditions - angina pectoris, insulin-dependent diabetes, severe visual impairment, Hemophilia or HIV-positive, dependent on anti-coagulant medications, severe emphysema/asthma/reactive airway disease, chronic lung disease, epilepsy, active communicable disease (tuberculosis/ hepatitis), or any prosthetic surgery must have a written clearance from their doctor AND must be approved by ship's Senior Medical Officer for participation.

Q. How much will Tiger Cruise cost?

A. The cost for Tiger Cruise is \$100.00. This charge is used to defray the cost of food while onboard and for memorabilia. All other costs are associated with traveling to Honolulu, Hawaii and therefore will vary based on the Tiger's hometown. A Tiger flying in from the east coast should anticipate spending more than a Tiger who lives near San Diego. As an example, the Tiger from the east will have to add additional airfare to travel to San Diego. The following estimates are based on a West coast Tiger:

\$ 100.00 - 1 night accommodation in San Diego, CA
\$ 400.00 - 1 way airfare from San Diego area to Honolulu, HI
\$ 100.00 - 1 night accommodation in Honolulu
\$ 100.00 - Tiger Cruise fee & memorabilia
\$ 50.00 - Luau the night before ship gets underway

\$ 750.00 - Total cost based on current estimates.

Note: ** All costs are subject to change and may vary dependent on Tiger's hometown. Other costs for food and transportation fees are not included in this estimate.

Q. How will Tigers fly from the San Diego, CA area to Honolulu, HI?

A. Tiger Cruise Travel, Inc. (San Diego) has been designated as our group travel agent and will arrange a group flights (not necessarily "charters") from the San Diego area (could be LAX or other nearby airport) to Honolulu. This airfare is subject to

change until tickets are purchased. Although group travel is encouraged, it is not mandatory. If you desire group travel between San Diego and Honolulu, please indicate this on the registration form. Otherwise, you are welcome to coordinate your travel arrangements through a travel agent of your choice. **The use of refundable plane tickets is advised.**

Q. How many Tigers will be allowed to participate?

A. We anticipate approximately **1300 Tigers** during the 5-6 day cruise.

Q. How many Tigers can I bring on the Tiger Cruise?

A. Crewmembers are urged to run chits requesting a Tiger or Tiger(s), once we receive the inputs, we will look to see what limits, if any, we need to set. Crewmembers interested in sponsoring a Tiger Cruise guest should submit a chit via their chain of command. With the total number of **Tigers limited to approximately 1300**, each department, squadron and staff will be limited to a "fair share" number based on the total personnel assigned to their respective unit. Any requests for Tigers above the fair share number must be submitted to XO (CVN 74) for approval; include justification in remarks. Department heads and squadron XOs will route these request chits to the Tiger Cruise coordinator.

Q. What activities or entertainment will be available for the Tigers?

A. Tigers can expect **an Air Wing airshow among other planned entertainment**. There will be a Talent Show, Movie Nights, a Flight Deck Picnic, Ship's Band Performances, Cultural Night, concerts, Bingo and an Air Show! Speak with your departmental/squadron POC for ideas, details or questions.

Q. What transportation is available from the airport to the ship?

A. We will try our very best to provide transportation, or direction on how to obtain transportation, for all Tigers from the airport to the ship. We will have a team standing by at the USO Lounge (Honolulu International Airport) to coordinate rides for you. Once we get confirmed dates, you will need to send your itinerary to your departmental representative.

Q. Can personnel commencing leave in Hawaii use the charter flight back to San Diego?

A. YES! Tiger Cruise Travel will make seats available on the flights returning to San Diego for those beginning leave in Hawaii.

Q. Will Tigers be allowed on the Flight Deck?

A. **Tigers will be allowed on the flight deck at various times. Some TIGER events will be held on the flight deck. TIGERS ARE PROHIBITED FROM BEING ON THE FLIGHT DECK (including CATWALKS AND FANTAIL) DURING ALL FLIGHT OPERATIONS.**

Q. Will Sailors still have normal working days during the Tiger Cruise?

A. Personnel will have normal working hours and are expected to perform assigned watches throughout the cruise.

Q. Is there a dress code for Tigers?

A. Recommend Tigers dress in layers to withstand wind, fog or other open ocean weather. Long pants are highly encouraged to protect legs. Long sleeved shirts are encouraged also. Shoes should be sturdy with flat soles. Open toe shoes are prohibited due to the hazards associated with ladders, kneeknockers, etc. A jacket or sweater is strongly encouraged.

Q. Will Tigers be permitted to "man the rail" on arrival into San Diego?

A. Because of uniform requirements and other restrictions, Tigers will not be permitted to man the rail.

Q. What items can Tigers purchase at the ship's store?

A. Additional memorabilia (T-shirts, hats, patches, etc.) and items typically found in small convenience stores will be available for purchase in the two ship's stores.

Q. Should Tigers bring extra spending money?

A. Tigers desiring to purchase snacks or souvenirs in the ship's stores may bring extra cash or traveler's checks. Excessive amounts are not recommended.

Q. Can Tigers use Sailor Phones and/or e-mail?

A. Sailor Phones will be available to Tigers. Phone cards may be purchased near the ship's store. Email, if required, may be coordinated with the Sponsor. Sponsors will be held responsible for monitoring content within current restrictions (no classified or inappropriate material).

Q. Will meal hours be extended to accommodate crew & Tigers?

A. The crew and Tigers can expect extended meal hours. Exact times will be published in the POD.

Q. Where will Tigers sleep?

A. Tigers will be assigned berthing based on age, sex and availability of berthing in sponsor's berthing compartment. Male berthing and female berthing will remain segregated. The intent is to provide each Tiger with a rack, but if unavailable, cots will be provided. If a crewmember wishes to bring a Tiger of the opposite sex, a co-sponsor (of the same sex as the Tiger) must agree to be responsible for the tiger in berthing areas.

Q. Can Tigers tour the reactor spaces OR other "industrial areas"?

A. Reactor spaces and other sensitive or hazardous areas will remain off-limits to Tigers and guests. The safety of our Tigers is a primary consideration.

Q. Is my stepmother or stepfather considered an "immediate family member?"

A. Yes, stepparents are considered "immediate family" members and will receive priority over "other" family members or friends.

Q. When can Tigers check-in on the ship?

A. Tigers will be allowed onboard the ship and to "check-in" the day prior to getting underway. **CURRENT RESTRICTIONS DO NOT PERMIT TIGERS ONBOARD THE SHIP ANY EARLIER THAN THE DAY PRIOR TO GETTING UNDERWAY.**

Q. Can Sponsors or Tigers use checks to pay for the Tiger fee or in the ship's stores?

A. No, personal checks will not be accepted. Tigers and sponsors must use traveler's checks or money orders (payable to "Disbursing Officer, USS JOHN C. STENNIS") to pay the Tiger fee. Cash or traveler's checks may be used to purchase items onboard the ship. Tigers may mail their \$100 payment to the Training Officer

NLT 9 Aug 2004 or their crewmember sponsor may pay the fee onboard. Times for collection of fees onboard will be announced and cash will be accepted.

Q. Are there any other ways (other than regular mail) to get my Medical Screen and Registration forms to the ship ?

A. Yes. Because the timeline is short, the ship's fax machine is available. The phone numbers is **(619) 545 3847**. Prospective Tigers may also fill out both forms and attach to an email. Completed forms may also be scanned and attached to an email. Please ensure all forms are filled out completely. Any missing information will slow the screening process.

Q. Where can I locate more information and the forms required for Tiger Cruise?

A. Forms will be available on the command's web page at <http://www.cvn74.navy.mil>, the ship's P: drive (Training→Tiger Cruise Info), in Hardcopy forms for pick up in the Training Complex/Engineering Log Room and the internal JCSNET web site.

Q. Are there any arrangements for unaccompanied minors to travel to Hawaii?

A. We strongly recommend parents coordinate supervision of minors with parents who are accompanying minors on the flight. The ship cannot accept any responsibility for minors prior to their arrival to the ship.

Q. When is a Tiger confirmed for the Tiger Cruise?

A. Tigers are "confirmed" once 1) the crewmember sponsor's request chit is approved, **AND** 2) the Tiger is "medically screened" by the Senior Medical Officer **AND** 3) "registration" is completed **AND** 4) Tiger fee is received **AND** 4) fair share determination is finalized. A list of confirmed Tigers will be promulgated as early as possible.

Q. May pregnant women participate in the Tiger Cruise?

A. No, **the Navy restricts shipboard embarkation for pregnant women to avoid undue risk to mother and baby. Pregnant Tigers are not allowed.**

TIGER/SPONSOR CHECKLIST

1. Route request chit to Department Head or Squadron XO. **Note:** Tiger is "conditionally approved" until SMO approves medical screen and "fair share" determination is complete.
 - For Tigers under age 13 years old, attach proof of age to chit.

 2. Forward Medical Screen & Registration Forms to Training by 9 Aug 04.
 - Ship's fax numbers are (619) 545 3847. ATTN: Training Dept
 - Forward file via email to: training@stennis.navy.mil
 - Postal system:
 - LCDR Nafarrete
 - Tiger Cruise Coordinator
 - Box 3
 - USS JOHN C. STENNIS
 - FPO AP 96615-2874

 3. Travel decision - Tiger Cruise Travel, Inc. or Individual itinerary.
 - If group travel is desired, complete TCT flight & hotel registration forms. TCT deadline is **TBD** for group travel.

 4. Pay Tiger fee (\$100) to Training Officer NLT 9 Aug 04. NO CHECKS! Money orders or traveler's checks are acceptable. Mail with a copy of the registration form or have sponsor turn-in payment to departmental coordinator as announced onboard.

 5. Tiger is "confirmed" once
 - 1) Request chit is approved **AND**
 - 2) Medically screened by SMO **AND**
 - 3) Registration is completed **AND**
 - 4) Tiger fee is received **AND**
 - 5) Fair share Determination is Final.
- Note:** List of confirmed Tigers will be posted on the JCS NET and the ship's INTERNET site <http://www.cvn74.navy.mil> .
6. Greet Tiger at Honolulu Airport & commence Tiger Cruise.

TIGER CRUISE TRAVEL, INC., ONE WAY TRAVEL REQUEST FORM

USS _____

Tiger Requests One Way Hawaiian Air Flt from (circle one): San Diego, Los Angeles, Seattle, Portland OR, San Francisco, Phoenix, Sacramento, Las Vegas, on (DATE) _____ (may put to be determined)

Complete this travel reservation form if you want Tiger Cruise Travel, Inc. to make your travel reservations. Completed reservation forms must be received via FAX to (619) 562-6649 (ONE form per Tiger, please)

(Please print)

Tiger.s Full Name _____ Age _____

(As it appears on photo I.D. If minor does not have I.D., he/she must be checked in by parent / guardian or carry copy of birth certificate to airport.) Minors traveling without an adult must travel on day of embarkation.

Street Address _____

City _____ State _____ Zip _____

Home Ph# _____ Work Ph# _____ Cell _____

My Sponsor is: _____ My email address is: _____

I will pay the rate range of \$ _____ as posted on the web (www.tigercruise.org see Tiger Flight Info Page)

Card number _____ Exp date _____ / _____

Cardholders Name _____

Cardholders Billing address _____

City _____ State _____ Zip _____

Hotel Request: Rate range _____ Name of hotel if known (www.tigercruise.org) _____

of nights _____ # of guests per room _____ # of beds requested _____ Smoking or Non _____

Car Rental request: pick up date _____ drop off date _____

Size of car requested _____ 2 or 4 door vehicle _____

T-Shirt order: \$19.99 per T-Shirt (includes shipping and handling) Quantity _____ Size(s) _____ (S,M,L,XL) (may view at www.tigercruise.org)

Hooded Sweat Shirt order: \$29.99 per (includes shipping and handling) Quantity _____ Size(s) _____ (S,M,L,XL) (Gray sweat shirt is embroidered on front only with emblem as seen on T-Shirt)

Must circle: NAVY or MARINE CORPS

(Allow 7-10 business days for delivery) (Rush orders under 7 days will have additional shipping/handling fees)

RESERVATIONS WILL BE CONFIRMED ON A FIRST COME FIRST SERVE BASIS BY DATE RECEIVED.

Answers to TRAVEL related questions are found on our website at: www.tigercruise.org

Phone: (619) 258-1242 10A-4P Pacific Standard Time, FAX: (619) 562-6649 or email: tigercruise@cox.net

PLEASE READ THE FOLLOWING INFORMATION CAREFULLY:

- ***All tickets must be purchased with a credit/debit card.
***All Hawaiian Airline tickets are partially refundable . less \$175.00 fees as explained on www.tigercruise.org.
***Date changes: the airlines will charge a penalty fee plus any difference in fare for any changes made after ticketing.
***If dates change after ticketing there will be a \$25.00 administrative fee per ticket in addition to applicable airline penalties and difference in new fare.
***All airline fares are subject to the individual airline rules.

The above named is an approved Tiger, I have read, understand and agree to the above information for travel provided by Tiger Cruise Travel, Inc.

Cardholder signature _____ Date _____

**This space must have a legible copy of the credit cardholders license and credit card for tickets to be processed:
(May use as many pages as needed to send form with copies)**

TIGER CRUISE TRAVEL, INC.

PO BOX 712343, SANTEE, CA 92072-2343

Phone (619) 258-1242, Fax (619) 562-6649

Email: tigercruise @cox.net Web address: www. tigercruise.org

GENERAL INFORMATION

Minors Age 8 through 17

When 20 or more unaccompanied Minor Tigers purchase with Tiger Cruise Travel, Inc. for travel on DAY OF EMBARKATION ONLY, Tiger Cruise Travel, Inc. will provide the Navy with one round trip ticket from San Diego to Honolulu for an adult escort. The Navy will choose the adult escort for that flight.

Hawaii Hotels: Tiger Cruise Travel Inc. has arranged discounted rates at a selection of hotels. Hotels range from economy, moderate or deluxe in Waikiki or economy and moderate at the airport. Please access our website for Hotel List.

PLEASE READ THE FOLLOWING INFORMATION CAREFULLY:

***When a Tiger Cruise is canceled or rescheduled FOR ANY REASON by the US Navy, ALL restrictions and penalties still apply.

***All Hawaiian Airline tickets are partially refundable – less \$175.00 fees as explained on our website.

***Date changes: The airlines will charge a penalty fee for any changes made after ticketing REGARDLESS OF REASON for the change.

***If dates change after ticketing there will be a \$25.00 administrative fee per ticket in addition to applicable airline or hotel penalty fees. All airline fares are subject to individual airline rules.

***Travel is discounted on scheduled commercial flights to Hawaii – NO Charter is used

CA CST # 2065517-50
THIS TRANSACTION IS NOT COVERED BY THE CALIFORNIA
TRAVEL RESTITUTION CORPORATION